

August 14– 10:30am

Responding to **Dementia Behavior**

Do's and Don't for quality communication

September 11–10:30am

Legal & Financial Planning
What you need to do for peace
of mind

October 9- 10:30am

Caregiver Stress

Learn tools for self-care, and for relieving stress

November 13–10:30am

Surviving
The Holiday–Part 1

Be prepared for family gatherings

December 11–10:30am

Surviving
The Holidays–P art 2
Have quality visits

during the holidays

